



WILDWATER RACING COMMITTEE

C1 DEVELOPMENT SQUAD TRAINING DAYS 08/09

Session 1 - Venue WWKC 5/10/08 11am
[Flatwater training session.](#)

Session 2 - Venue OWENKILLEW (Newtonstewart) 6/12/08 time Tba
[River training session & sprints in conjunction with proposed training weekend.](#)

Session 3 - Venue WWKC 1/02/09 11am
[Flatwater training session.](#)

Session 4 - Venue CLASHGANNY 7/03/09 time Tba
[Sprint training.](#)

- For information on the above sessions contact Keith McGuirk @ 0861561614.
- Boats will not be brought along on the day, if you require a C1 or paddles contact in advance so we can arrange to bring them along.
- Minimum standards will apply, not suitable for novices. These sessions are aimed at those who already have a good level of competency in the kayak class and would like to try something different with a view to competing in the canoe classes and also to give the existing C1 paddlers an opportunity to train together.
- Under 18's must be accompanied by parent/guardian

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